

LEAD PHYSIOTHERAPIST - ROLE DESCRIPTION



Why Do We Need You?

The Lead Physiotherapist is a key performance support role within the England Touch Association (ETA) Performance Programme.

They are responsible for leading and overseeing physiotherapy provision for ETA players across training camps and international tournaments, ensuring athletes receive high quality assessment, treatment, rehabilitation and return-to-play support to optimise performance and athlete availability. They are proactive, knowledgeable and athlete-centred, working closely with the Head of Performance Support Services, coaching staff and wider performance support services team to integrate physiotherapy into the overall performance strategy.

In summary, an England Touch Lead Physiotherapist will:

- Lead and oversee physiotherapy provision for both adult national squad athletes and youth athlete programmes across training camps and international tournaments; and
- Work collaboratively with the Head of Performance Support Services, coaches and wider performance support team to develop and implement injury prevention, rehabilitation and return-to-play strategies that optimise player health, wellbeing and performance in line with ETA's elite performance model.

Role Details

Department	Pathways and Performance, Performance Support Services
Supported by	Head of Performance Support Services
Supporting	Therapy staff, interns and wider performance support team (where applicable)
Hours	Non-regular hours, including attendance at 4 training camps across the adult and youth programme.
Contract Type	Volunteer and part time for the length of the campaign (i.e. for one month after the tour, allowing for review periods)
Remuneration	£90 / day for training camps.
Location	Remote working with travel to training camps and competitions as required (pre-approved expenses reimbursed via standard ETA process)

LEAD PHYSIOTHERAPIST - ROLE DESCRIPTION



What You'll Do

1. Management of Players

- a. Assess, diagnose and treat player's musculoskeletal injuries through excellent clinical reasoning, evidence-based practise, and individualised rehabilitation planning during training camps and tournaments.
- b. Provide guidance to players and coaches regarding injury prevention, management, and rehabilitation care strategies.
- c. Assess players' fitness to train and compete, including return to play decision making where appropriate.
- d. Provide on-pitch and pitch-side emergency care and advanced trauma/first aid support during matches and tournaments.
- e. Independently manage the medical needs of assigned ETA squads during camps and international travel, seeking appropriate support from local medical providers where required.

2. Collaboration & Programme Delivery

- a. Work closely with the Head of Performance Support Services, Coaches and wider performance support team to integrate physiotherapy within the overall performance programme.
- b. Communicate effectively with players, coaches and medical staff regarding injury statuses, prognosis and rehabilitation planning, while maintaining appropriate confidentiality standards.
- c. Ensure continuity of care for athletes, including when players are training off site or during periods of absence.
- d. Contribute to ongoing development and refinement of the ETA's performance support model and injury management processes.
- e. Support and mentor physiotherapy staff, interns or less experienced practitioners where appropriate.

3. Monitoring & Clinical Administration

- a. Maintain accurate and confidential clinical records, including injury reports, treatment notes, rehab plans, and injury surveillance, including ETA Systems.
- b. Provide clear communication and reporting to coaches and performance staff pre, during and post camp/tournament regarding player availability and rehabilitation progress.
- c. Maintain appropriate professional indemnity insurance and professional registration requirements.
- d. Actively participate in ETA and external continuing professional development opportunities.

LEAD PHYSIOTHERAPIST - ROLE DESCRIPTION



Who You Are

Essential Qualifications / Skills / Experience:

- BSE or MSC degree in Physiotherapy
- Current registration with HCPC and CSP.
- Experience working with team sport athletes within performance support environments.
- Strong musculoskeletal assessment, treatment and rehabilitation skills.
- Experience in injury prevention, return to play and pitch side trauma care.
- Ability to communicate and collaborate effectively within the multidisciplinary performance environment.
- Current advanced trauma medical management qualification (or willingness to obtain).
- Ability to work independently while managing the medical needs of athletes during camps and tournaments.

Desirable:

- 1-2 years experience working as a physiotherapist within high performance sport environments.
- Experience supporting athletes in training camp and tournament settings.
- Experience using athlete management or clinical record systems.
- Experience leading or mentoring less experienced staff or interns.
- Knowledge of elite athlete monitoring and injury surveillance processes.

Attributes:

- High performance mindset with a commitment to excellence.
- Strong communication and interpersonal skills.
- Highly organised, proactive, and detail orientated.
- Confident working independently and as part of an integrated team.
- Adaptable and resilient within high performance sport environments.
- Commitment to the ETA's values: inclusivity, transparency, ambition, unity and respect.