

Strength and Conditioning Coach



Touch is one of the fastest growing sports in England, played by people of all ages and skill levels. England Touch is the national governing body for Touch in England and is responsible for the governance and development of the sport. Your role as S&C Coach is to support elite Touch players in their preparation for international competition.

Job Purpose

To provide strength and conditioning support to England national coaches and their respective athletes.

Job Time Line 2017

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|---------------------------------------|--|
| - Closing date for application | October 31 st |
| - 2 days interviews – TBC | November 16 th and 17 th |
| - Planning Meeting – TBC | November 24 th or 26 th |
| - All Squad Training Camp | April - TBC |
| - European championships – Nottingham | July 18 th – 22 nd |

Principles and Responsibilities

Include (but are not limited to) the following:

- Provide guidance to players and coaches, regarding best practice in relation to strength training and conditioning practices.
- To liaise with Head of Medical Services and Lead Sport Scientist to deliver S&C programmes in line with ETA performance targets.
- To develop individual/team assessments and appropriate management strategy which incorporate the relevant level of support and advice to facilitate performance
- To provide support during international tournaments including; recovery, well-being, muscle function, movement demands, physiological responses to match-play and any other matters

Knowledge and Experience Required

- Experience of working in the field of strength and conditioning with team sport athletes, designing and implementing conditioning programmes.

Essential

BSc degree in Sport and Exercise Science with a an emphasis on strength and conditioning (essential)

Desirable

- 1-2 years' experience working as an S&C coach
- Accredited with UKSCA or working towards (desirable)

Hours required: Non-regular; this can included weekends.

Reporting to: Head of Medical Services

If you are interested in applying for the role please forward a covering letter and CV with relevant experience to: Medical@englandtouch.org.uk

CLOSING DATE: 31st October 2017