

Return to Play risk guidance

JUNE 2020

Introduction

As a club, it is your responsibility to look after the welfare of your volunteers, players and other members. This document is designed to help support your own risk assessment processes, not replace them. If you have your own risk processes and forms, please use them to record the way you intend on managing the risks associated with returning to play.

The Health and Safety Executive requires sports clubs to identify management responsibilities with regard to managing risks and to put contingency plans in place. We recommend that an individual within your club takes responsibility for co-ordinating the management of risk and keeps records of the steps taken to mitigate them.

This template is to be used as a guide to completing a full risk assessment at your club before you undergo training. It should be reviewed on a regular basis, and should not be regarded as an exhaustive list.

Covid-19 is a biological hazard and appropriate control measures and precautions will need to be put in place to reduce the risk of someone being infected.

Your club receives employers liability, products liability, professional indemnity, and directors and officers (management liability) insurance as part of your England Touch affiliation. Log into your online membership via englandtouch.org.uk/membership/login and click on 'Insurance & Members Discounts' to find out more.

Before you start

- Please ensure any training is done in a safe space. Be aware that exercise can lead to potential greater distribution of the virus, so it is sensible to maximise the distance between people during training
- Whoever runs your session must keep a register of who attends which session, including telephone numbers and emails, for contact tracing purposes
- One person should be responsible for the equipment, including balls and cones, and this should all be washed before and after sessions
- Wash your hands regularly, with soap and/or suitable hand sanitiser available
- Do not share water bottles, etc
- Arrive dressed to train and do not use changing rooms and showers
- Safeguarding – parents, etc, need to be watching sessions from their cars and not pitchside. Any training involving Under-18s must be group-based

If any of your players are showing signs of Covid-19 – such as a persistent dry cough, high temperature, loss of taste and/or smell – then they must not train/play and instead go straight into self-isolation

RISK	The spread of Covid-19
WHO CAN BE AFFECTED	Coaches, players, club members and spectators Vulnerable groups, eg the elderly, expectant mothers, individuals with chronic underlying health issues Anyone else who physically comes into contact with training groups/individuals

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Suggested risks to be considered and actions taken

This is not exhaustive and your own risk assessment needs to consider your specific circumstances

RISK AREA	ACTION TAKEN To be completed by the club
Safe access and departure from training venue	
Availability of clearly visible guidance signage	
Availability of hand washing and sanitising facilities throughout training sessions	
Equipment cleaned and disinfected before and after use	
Equipment stored securely	
No sharing of personal items, eg water bottles, towels, etc	
As little sharing of equipment as possible	
Allocation of players and coaches to specific training areas in advance of session	
No mixing of training groups during session	
No close physical contact before, during or after training, eg shaking hands, huddles, etc	
Maintaining social distancing (min. 1 metre) during any socializing after training	
Having a clearly defined procedure should any individual show Covid-19 symptoms, eg transport home, self-isolation, etc	